

<sup>0</sup>Hide this from no one.

<sup>1</sup>Be an example.

<sup>2</sup>Correct in your self, any error you see in an other.

<sup>3</sup>Change nothing but the mind.

<sup>4</sup>Do nothing with an untrained mind.

<sup>5</sup>Take small steps all the way home.

<sup>6</sup>Teach no one.

<sup>7</sup>Rest at every opportunity.

<sup>8</sup>Eliminate options.

<sup>9</sup>Be empty.

<sup>10</sup>Disagree with no one.

<sup>11</sup>Keep no secrets.

<sup>12</sup>Defend nothing.

<sup>13</sup>Put your self first.

<sup>14</sup>Wear your self out.

<sup>15</sup>Be a friend to no one.

<sup>16</sup>Leave people behind.

<sup>17</sup>Give time to nothing.

<sup>18</sup>Give it a decade.

<sup>19</sup>Forget everything.

God is